

# **Assessing the Teaching Styles of College Instructors of La Consolacion University Philippines: Implications for Professional Development**

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## **Abstract**

In the education setting, most of the researchers are wondering if teaching style were distinct and could be measured. Most of the literature identifies learning styles and its inadvertent or direct effects to the teaching-learning process, but not much focus have been given to teaching styles and how teachers perform their functions in the classroom. The study aims to discover the teaching styles of College instructors of La Consolacion University Philippines using the Staffordshire Evaluation of Teaching Styles (SETS). A sample of 29 instructors were gathered for the study and where the SETS were administered. Results showed that most college instructors falls under the sixth type of teaching style which is the “one-off teacher” is. Recommendations and ideas for differentiation are also provided in this study.

**Keywords** – *Staffordshire evaluation of teaching styles, teaching styles, college instructors*